

CCW
The Children's Center of Weston

CCW updated COVID-19 Guidelines and COVID-19 Management 2023

As we move into the new school year, CCW will continue where we left off last school year with best practices and updates similar to the Weston Public Schools and updates similar to the mass.gov out of school time recommendations and guidelines. Please view here the [Out of School Time recommendations](#).

Please be sure to have plenty of Covid-19 tests on hand at home. We do have some on hand here at CCW and you can also find them [here](#).

It is encouraged that everyone keep up to date on vaccinations as this is the best way to keep the COVID-19 virus from spreading. Vaccination clinics and details are offered through the [town of Weston](#) and you can locate other vaccination locations [here](#).

If individual is symptomatic

Individuals should stay home or stay home when feeling sick or ill. If experiencing symptoms of COVID-19, even if it is the slightest cold or the following symptoms of fever, headache, sore throat, aches, pains, fatigue accompanied with other symptoms, cough, shortness of breath, nausea, loss of taste or smell, please test. The best test currently is to test with the rapid test.

Please let CCW know any positive and negative test results.

Other illnesses are contagious and staying home is recommended when symptoms are not mild even with a negative test.

When symptomatic, individuals should be sent home and can be allowed to return to CCW if symptoms remain mild and they test negative, or they have been fever-free for 24 hours without the use of fever-reducing medication, their symptoms are resolving, or if a medical professional makes an alternative diagnosis. A negative test is strongly recommended for return.

Symptomatic individuals can remain at CCW if they have mild symptoms and have a test that is negative. Reporting the negative result is strongly recommended. Best practice would also include wearing a mask, if possible, until symptoms are fully resolved. For symptomatic individuals, **DPH recommends a second test within 48 hours if the initial test is negative.** Other illnesses are also contagious and staying home is recommended when symptoms are not mild with a negative test.

COVID-19 positive - individuals must stay home for 5 days at home isolating away from others in the home. If symptoms are subsiding, return on day 6 while wearing a high-quality mask through day 10 both indoors and outdoors (when near others). If an individual is unable to mask through day 10, they may return to programming with a confirmed negative test on day 6 or later.

COVID-19 exposure to positive case - If someone in the home is COVID-19 positive or there has been a known close COVID-19 exposure, individuals may continue to attend CCW if they remain asymptomatic. Those who can wear a mask through day 10 should do so until day 10 and it is recommended to test on day 6 of exposure. If symptoms develop, follow the guidance for symptomatic individuals and or COVID-19 positive cases.

Symptomatic individuals can remain at CCW if they have mild symptoms and have a test that is negative. Reporting the negative result is strongly recommended. Best practice would also include wearing a mask, if possible, until symptoms are fully resolved. When symptomatic, individuals should be sent home and can be allowed to return to CCW if symptoms remain mild and they test negative, or they have been fever-free for 24 hours without the use of fever-reducing medication and their symptoms are resolving, or if a medical professional makes an alternative diagnosis. A negative test is strongly recommended for return or when symptomatic and the DPH recommends a second test within 48 hours if the initial test is negative. Other illnesses are also contagious and staying home is recommended when symptoms are not mild with a negative test.

Thank you for working together at CCW to help take care of ourselves and others while we enjoy our daily activities at CCW!